

Happy New Year from Me & BTMAD – Born To Make A Difference

As we step into this new year, I want to pause and honour every single one of you. This past year has tested us in ways words can't fully capture. Yet here we are—still standing, still breathing, still believing. That in itself is strength. That is courage. That is victory.

At BTMAD, we believe that every challenge carries purpose, every scar tells a story, and every soul has the power to rise again. This new year is not about perfection—it's about progress, healing, growth, and choosing hope even when it's hard.

May this year bring you:
peace in your heart
clarity in your mind
strength in your spirit
and the courage to keep showing up as your authentic self

If no one has told you this yet: you matter, your journey matters, and the world is better because you are in it.

Thank you for being part of the BTMAD family—for your resilience, your love, and your belief in making a difference, not just in the world, but in each other. Here's to new beginnings, renewed faith, and rising together—stronger, wiser, and more united than ever.

With love, pride, and belief in every one of you,

Nelema Ahad Choudhury & Natalie Bartrum
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